



Family-to-Family support group

Family-to-Family support groups are headed by trained facilitators who are family members of persons with mental illness.

NAMI Support groups offer opportunities to share feelings and concerns, network about resources and information, and give and receive mutual support. Family members, friends, and loved ones of those with mental illness have comfort in knowing “they are not alone” when mental illness strikes.

- **Our group meets:**
Every 4th Thursday of the month
6:00 p.m.
- **Location:**
Lodi Avenue Baptist Church- Fellowship Hall
2301 W. Lodi Avenue
Lodi, CA 95242
Down the street from Raley's
Corner of Lodi Ave. & Allen Dr.
East of Lower Sacramento Rd.-
- **Co-Leaders:**
Irene Sherman 368-1469
Joselyn Spurgeon

Proposed 2009 Support Group Meeting Dates

January 22

February 26

March 26

April 23

May 28

June 25

July 23

August 27

September 24

October 22

November 26

Meetings start at 6 p.m.